



**We are happy to share our home with you!**

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**TEAM BULLETIN**

Welcome to Guyana - We are happy to share our home with you! Here are some neat facts about Guyana to help you enjoy your stay.

## About Guyana



### Geography

If you didn't know already, Guyana is located on the North East Coast of South America; it is the fourth smallest country after French Guiana, Suriname and Uruguay.

**Did You Know:** Guyana is also the only English speaking country in South America?

Though the official language is English, it is often spoken with a Caribbean Creole Flavor so if you hear someone saying "weh side you from" it simply means "which country are you from". Not to worry you will get accustomed to our style of communicating.

**Time Zone:** GMT - 04:00: One hour ahead of EST.

**Population:** Guyana's Population is approximately 746,955 (Census 2012) of whom 90% live along the coastal strip and banks of major rivers. We are small but very hospitable.

**This is amazing:** Guyana's diaspora is made up of six races: Europeans, Amerindians, Africans, East Indians, Portuguese and Chinese.

### Climate

Guyana is a tropical destination moderated by the northeast trade winds; the climate is pleasant and warm for most of the year.

With mean temperature of 27°C and the average temperature range from 24°C to 31°C, lightweight casual clothing is always in style. But we are not all sunshine, grab your umbrellas and rain boots when our two rainy seasons starts (May to June, November to January).



# Travelling

What you need to know



## ENTRY REQUIREMENTS

All visitors to Guyana are required to have a valid passport to enter and depart Guyana. Your passport should have at least six months of remaining validity. Those arriving by air require an onward plane ticket.

## Traveling around Georgetown

Georgetown has many architectural designs as different as the six races living in it; a true testimony that there is beauty in diversity. But before you get to these places you need to know HOW to get to these places.

**How much do I pay?** Taxi fare from Airport to Georgetown range between US\$25.00 and US\$30.00. Traffic drives on the left. Make sure you buckle up, seat belts are necessary by Law.



**Traveling by Taxi for short distances:** Approximately GY\$300 – GY\$400; longer drops of GY\$500 and more as these prices vary from location to location. Rented cars are also available.

**Travelling around Georgetown by Bus:** Short stops within the limits of the city are approximately GY\$80 and longer stops GY\$100.

## Money & Business Guide

**ATM** machines are accessible to persons with ATM Debit cards. Persons in possession of international CIRRUS credit cards that are Master Cards and Visa Cards may utilize the ATMs at Scotia Bank for cash advances when in Guyana.

### Banking Hours

**Monday – Thursday: 08:00 – 14:00 hrs.**

**Friday: 08:00 – 14:30 hrs.**

### Currency

The rate of the dollar fluctuates and the exchange is approximately US\$1 – GY\$225. Major credit cards and traveler's cheques are generally accepted at many resorts, hotels, gift shops, restaurants and tour operators.



# The Cliff Anderson Sports Hall



The Sports Hall was initially constructed as the premier indoor facility for multi-sports practice and competition in 1970 and was later renamed The Cliff Anderson Sports Hall after the late featherweight boxing champion Mr. Clifford Matthew Anderson. It has hosted many indoor competitions for decades and in 2016 was transformed to international standards.



## Floor Dimensions

Length: 37 Meters  
Width: 23 Meters

Address: Homestretch Avenue,  
Georgetown Guyana





# Hotels

Every champion needs a good night's sleep; below you will find a list of some of our best accommodations in and around Georgetown.

## Pegasus Hotel Guyana


Pegasus Hotel is the Official Hotel Of the Pan-American Indoor Hockey Championship.



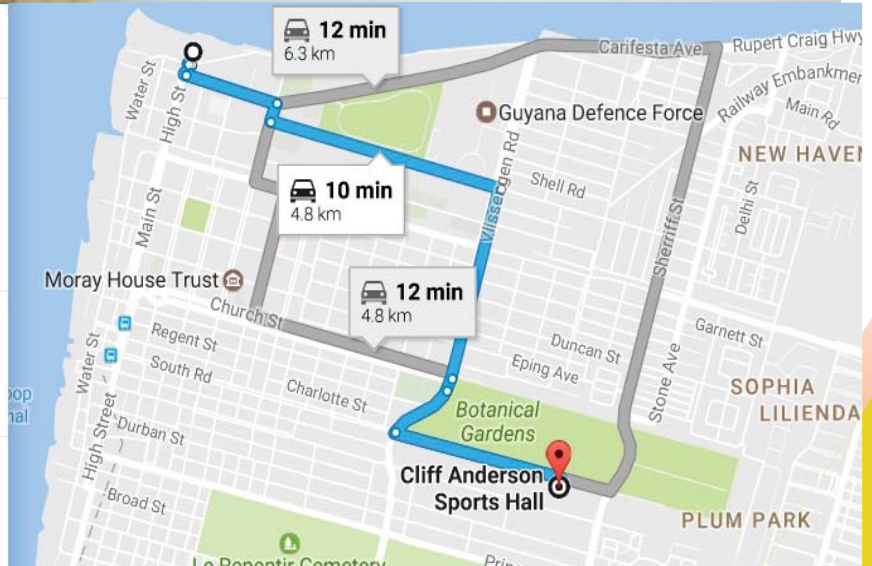
 Send directions to your phone

 via Thomas Rd and Vlissengen Rd 10 min  
Fastest route 4.8 km

[DETAILS](#)

 via Carifesta Ave and Sherriff St 12 min  
6.3 km

 via Church St 12 min  
4.8 km



### Standard Room Rates

US\$130 + 14% Tax - Single Occupancy  
US\$145 + 14% Tax - Double Occupancy

Inclusive of Complimentary Breakfast

[Est. Rates](#)

Address: Seawall Road, Kingston, Georgetown  
Tel#: +592-225-2856

[Email: reservations@pegasushotelguyana.com](mailto:reservations@pegasushotelguyana.com)

[Website: www.pegasushotelguyana.com](http://www.pegasushotelguyana.com)




# Tower Suites Inc.




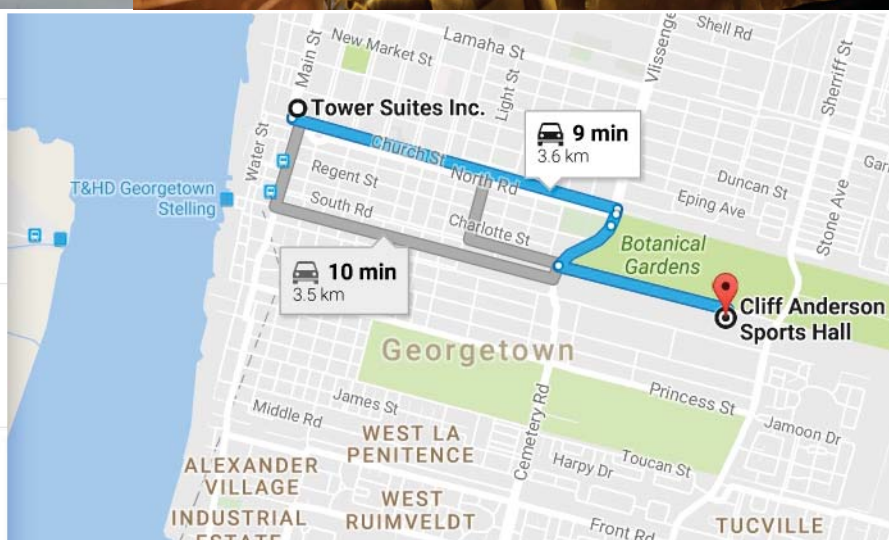
 Send directions to your phone

 via Church St and Homestretch Avenue 9 min  
Fastest route 3.6 km

[DETAILS](#)

 via Brickdam St and Homestretch Avenue 10 min  
3.5 km

 via Church St, South Rd and Homestretch Avenue 10 min  
3.3 km



## Standard Room Rates

US\$94 incl. of 14% Tax - Single Occupancy  
US\$104 incl. of 14% Tax - Double Occupancy

Comp. B/fast, WIFI, GYM, Pool, Cable TV, Queen Bed  
[Est. Rates](#)

Address: 74-75 Main Street, Georgetown  
Tel#: +592-231-4728/9, 592-225-2222  
Fax#: +592-231-4759

Email: [reservations@towersuitesguyana.com](mailto:reservations@towersuitesguyana.com)  
Website: [www.towersuitesguyana.com](http://www.towersuitesguyana.com)



# Grand Coastal Hotel Guyana



Navigation interface showing directions to Grand Coastal Hotel. The interface includes a search bar with "Leave now" and "OPTIONS", a "Send directions to your phone" button, and two route options:

Route	Time	Distance
via Rupert Craig Hwy (Fastest route)	14 min	9.5 km
via Rupert Craig Hwy and Vlissengen Rd	16 min	11.2 km

The map shows the location of Grand Coastal Hotel in Lusignan, Guyana, with a red pin and a blue route line. Key roads visible include Rupert Craig Hwy, Railway Embankment Rd, and E Bank Public Rd. Other landmarks like Mocha Aradia and Lusignan are also labeled.

## Standard Room Rates

US\$72 + 14% Tax - Single Occupancy

## Double Deluxe

US\$95 + 14% Tax - Double Occupancy

Inclusive of Complimentary Breakfast

[Est. Rates](#)

Address: Lot 1&2 Area M Plantation, Le Ressouvenir,  
East Coast Demerara

Tel#: +592-220-1091

Fax#: +592-220-1498

Email: [reservations@grandcoastal.com](mailto:reservations@grandcoastal.com)

Website: [www.grandcoastal.com](http://www.grandcoastal.com)

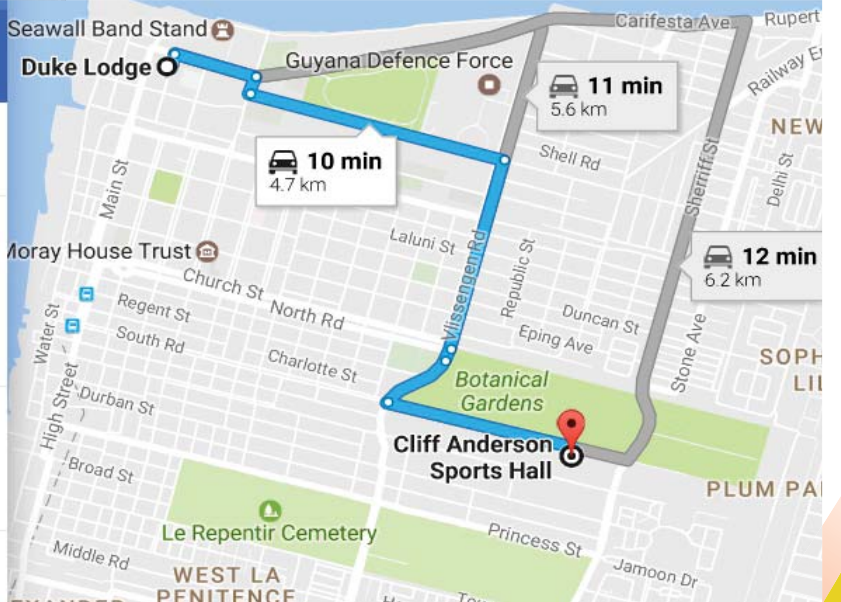
# Duke Lodge



Leave now + OPTIONS

Send directions to your phone

via Thomas Rd and Vlissengen Rd	10 min
Fastest route	4.7 km
<a href="#">DETAILS</a>	
via Carifesta Ave and Vlissengen Rd	11 min
	5.6 km
via Carifesta Ave and Sherriff St	12 min



## Standard Room Rates

US\$105 + 14% Tax - Single Occupancy  
US\$135 + 14% Tax - Double Occupancy

Inclusive of Complimentary Breakfast  
[Est. Rates](#)

Address: 94-95 Duke Street, Kingston, Georgetown  
Tel#: +592-231-7220  
Fax#: +592-227-3816

[Website: www.roraimairways.com](http://www.roraimairways.com)



# Atlantic Inn



Atlantic Inn, Georgetown, Guyana

Cliff Anderson Sports Hall, Homestretc

Leave now OPTIONS

Send directions to your phone

	via Sherriff St Fastest route	<b>8 min</b>	3.0 km
<a href="#">DETAILS</a>			
	via Vlissengen Rd	<b>9 min</b>	4.4 km
	via Railway Embankment Road	<b>10 min</b>	3.5 km

Rooms with One Q-Bed  
US\$85 incl. of 14% Tax

Rooms with Two Q-Beds  
US\$105 incl. of 14% Tax

Rooms with Three Beds (Two Q-Beds, One Full Bed)  
US\$125 Incl. of 14% Tax

**Breakfast will be USD\$12**  
No Comp. B/fast, WIFI, Direct TV, Pool  
**Est. Rates**


Address: 56 Church Road & 1st Ave. Subryanville  
Tel#: 592-225-5826/7, 225-8836, 225-8858  
Fax#: 592-225-5815

Email: [info@atlanticinngy.com](mailto:info@atlanticinngy.com)  
Website: [www.atlanticinngy.com](http://www.atlanticinngy.com)

# Status International Hotel



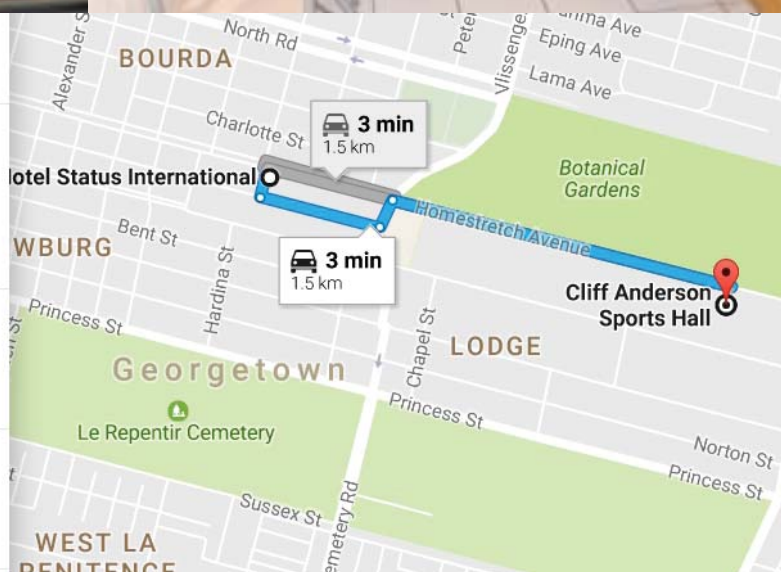
 [Send directions to your phone](#)

 via Homestretch Avenue 3 min  
Fastest route 1.5 km

[DETAILS](#)

 via South Rd and Homestretch Avenue 3 min  
1.5 km

 via Croal St and Homestretch Avenue 17 min  
1.4 km



## Room Rates

Single Room (Q-Bed)

US\$60 incl. of 14% Tax - Both SO or DO  
(accommodates up to 2 persons)

Double Room (Double Beds)

US\$70 incl. of 14% Tax - Both So or Do  
(accommodates up to 4 persons)

Comp. B/fast, WIFI, GYM, Cable TV

[Est. Rates](#)

Address: Croal Street & Sandyman Place, Stabroek, G/Town

Tel#: 592-227-7632/227-7606/227-7610

Fax#: 592-227-7603

Website: [www.statushotelgy.com](http://www.statushotelgy.com)





# Sight Seeing

We know you've got one thing on your mind and that's winning the Indoor Pan-American Cup. And we also know how important it is to take a break from all of that practice. That's why we've put together this little guide for you. Of course there is much more to see and do but that warrants a second trip.

## The Castellani House



The Castellani House is a large nineteenth-century building, which is situated on the corner of Vlissengen Road and Homestretch Avenue in Georgetown, Guyana. It was designed and constructed by the Maltese architect, Cesar Castellani, between 1879 and 1882. Originally serving as a residence for colonial government officials, Castellani House has been the home of Guyana's National Art Gallery since 1993.

## St. George's Cathedral



St. George's Cathedral is an Anglican cathedral and is one of the tallest wooden churches in the world, at a height of 43.5 meters (143 ft.). It is located on Church Street in Georgetown, and has been designated a National Monument. The interior of the church makes for fascinating history. Whether it is an article of furniture, the chalices, the memorial tablets or the Baptism registers - they all tell a story. The story is not only about Guyana's history, but glimpses of its Caribbean neighbours are also revealed.

## Botanical Gardens



The Botanical Gardens was established in 1878. The garden is laid out on 185 acres of land plantation Vlissengen (an abandon sugar estate).

## Promenade Gardens



The Promenade Gardens is located on what was once a field known as Parade Ground, originally the entire area was used for military parades and training.

## The National Park



This park is utilized for cultural, educational and recreational activities. The National Park, formerly occupied by the Demerara Golf Club since 1923 was renamed the Queen Elizabeth II National Park in 1965 in honor of the Queen's visit to Guyana. On Guyana's attainment of independence it became known as the National Park.





If a picture could tell a thousand words, could you imagine what these architectural landmarks might say? Each of these national treasures tells a different story again re-enforcing our diversity. But any trip to Guyana wouldn't be completed without a trip to our Majestic Kaieteur Falls!



And that, our friends, is just the tip of the iceberg!







# Shopping and Entertainment

## **Bounty Supermarket** (Official Supermarket for the Indoor Pan-American Cup)

Shop all your grocery needs at Bounty Supermarket.



Address: Pike & Alexander Street, Kitty  
Tel#: 592-226-7154

OR

Address: Regent Street & Ornage Walk, Bourda  
Tel#: 592-225-4738

### **Opening Hours:**

Monday - Saturday: 8am-8pm

Sundays: 9am-3pm



## **Giftland Mall**

Giftland mall is a perfect place to shop, eat and hang out.



Address: 1 Plantation Pattensen, Turkeyen, Guyana  
Tel#: 592-222-7334

Email: [mall@giftlandofficemax.com](mailto:mall@giftlandofficemax.com)

Website: [www.giftlandmall.com](http://www.giftlandmall.com)

### **Opening Hours:**

Monday - Friday: 10am-9pm

Saturday: 10am-9:30pm & Sunday: 11am-9:30pm



## **704 Sports Bar**

704 Sports bar is 4,000 square feet of continuous sports, entertainment and food in a luxurious setting that is sure to magnetize sports and entertainment.



**Address:** 1 Lamaha Street, Georgetown Guyana  
**Tel#:** 592-225-0227  
**Opening Hours:** 12pm- 4am

## **Palm Court**

Palm Court is a restaurant & Bar located in the heart of the city. Most recognized by the 33ft lighted coconut trees! Serving daily buffet style lunch at an affordable price and fully stocked bar with the widest variety of Champagne in the Caribbean!

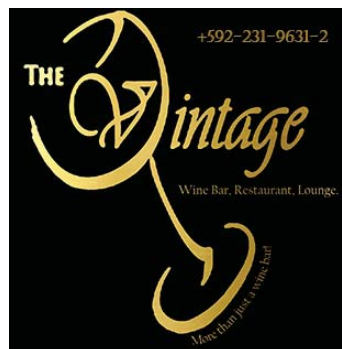


**Address:** 35 Main Street, South Cummingsburg  
Georgetown, Guyana  
**Tel#:** 592-231-8144-6  
**Opening Hours:** 11am - 2am

## **The Vintage Wine & Cheese Lounge**

Welcome to The Vintage Lounge, the Lounge with you in mind. Dedicated to providing an exclusive atmosphere and service that is nothing but ambrosial. The Vintage Lounge is Guyana's first wine and cheese bar.

**Address:** 218 Lamaha Street,  
Georgetown, Guyana  
**Tel#:** 592-231-9631-2  
**Opening Hours:** 4pm - 1am



## **All set and ready to GO!**

We hope that you enjoy your stay with US! But wait, we're not done as yet. Should you need to contact us please find our contact details below. We are excited to serve you and your team!

Contact Person: Mr. Philip Fernandes  
Tel#: 592-227-3344, 227-3350, 227-3363  
Cell#: 592-620-0185  
Email: philip@jf-ltd.com

