



Warning: Nutritional supplements adulterated with Oxilofrine

Nutritional supplements can be adulterated with the banned substance **Oxilofrine** that is **forbidden in competition**. This is the result of recent investigations of the Center of Preventive Doping Research of the German Sport University Cologne and the Canadian anti-doping laboratory in Montreal.

In various products, that advertise with extreme fat loss (fat burner) or an increase in mental performance (Neuroenhancer), Oxilofrine (Synonyms include: Methylsynephrine, Hydroxyephrine, Oxyephrine) was included, but not declared on the ingredient list. The consumption of such supplements can lead to inadvertent positive doping test. It can also lead to serious health problems. Therefore, NADA insistently warns against taking such supplements.

Previous investigations have already shown that fat burning and energy and motivation enhancing nutritional supplements may also be adulterated with the banned stimulants **Sibutramine** and **Methylhexanamine**.

Note:

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