

## MEDICAL BOX (EXAMPLE)

### FIRST AID SUPPLIES

ITEM	SPECIFICATIONS	QUANTITY
SUTURES	0 TO 6-0	A COUPLE FOR EACH SIZE
SYRINGES	1ML, 3ML, 5, 10 AND 20ML	2 FOR EACH SIZE
NEEDLES	16, 21, 23 GAUGE	2 OR 3 FOR EACH SIZE
STERI-STRIPS	1/8 INCH, ¼ INCH	10 FOR EACH SIZE
ALCOHOL SWABS	N/A	50GR
GAUZE SWABS	SMALL, MEDIUM, BIG	10 FOR EACH SIZE
DRESSING PACKS	STERILE	2
ANTISEPTIC SOLUTION	BETADINE 50ML	1 BOTTLE
MELOLIN	10 X 10 CM	1 PACK (5 PER PACK)
DRESSING STRIP	SMALL, MED & L ROLL	1 EACH SIZE
BAND AID PLASTIC STRIPS	ASSORTED SIZES BOX	1 BOX
CREPE BANDAGES	2, 3, 4 INCHES	2 PER SIZE
TUBE GAUZE	ROLL	1 PACK

### MEDICATIONS

ITEM	SPECIFICATIONS	QUANTITY
ANALGESICS	ORAL	1 BOX
	INJECTABLE	1 BOX
ANTIBIOTICS	ORAL, BETALACTAMIC	1 BOX
	ORAL NON BETALACTAMIC	1 BOX
	INJECTABLE, BETALACTAMIC	A TREATMENT
	INJECTABLE	A TREATMENT
ANTACID TABLETS	AL/MG	1 BOX
ANTIHEMETIC	ORAL	1 BOX
	INJECTABLE	1 BOX
ANTIDIARRHEAL	LOPERAMIDA	1 BOX
LAXATIVES	E. G. PSYLUM PLANTAGO	1 BOX
ANTIHIAMINES	LORATAINE/CLOROPIRAMINE	1 BOX
BRONCHODILATORS	SALBUTAMOL	1 INHALER
SEDATIVES	DIAZEPAM	1 BOX
CREAMS	ANTIBIOTIC	1 TUBE
	STEROIDS	1 TUBE
	ANTIINFLAMMATORY	1 TUBE
DROPS	EYE	1 BOTTLE
	EAR	1 BOTTLE
	NOSE	1 BOTTLE

## EQUIPMENT

ITEM	SPECIFICATIONS	QUANTITY
UNDERTAPE	ROLL	2
SPORTS TAPE	ROLL	4
KINESIOTAPE	ROLL/PRECUIT	2
TUFF SKIN	BOTTLE	1
TENSOPLAST	ROLL (2,3")	2

## PERSONAL EQUIPMENT\*

ITEM	SPECIFICATIONS	QUANTITY
SPHYNGOMANOMETER	DIGITAL, ANEROID	1
STETHOSCOPE	N/A	1
PULSE OXYMETER	DIGITAL	1
DIAGNOSTIC KIT	N/A	1
MINOR SURGERY KIT	N/A	1

\*USUALLY CARRIED AND OWNED BY OURSELVES.

NOTE: THIS IS AN EXAMPLE, IT CAN BE MODIFIED FOR THE MEDICAL OFFICER ON DUTY.